

2010 Parkcrest Diving Pre-Season Information

About The Parkcrest Diving Team

1. Who are the 2010 Parkcrest Diving Coaches?

We are very pleased to introduce Aaron O'Neill as our new Head Diving Coach. Aaron is from Memorial graduate, a former Ridgewood diver, and currently a teacher with MMSD. He comes from a family of divers and some of you may know his brother, Ben, who was a Parkcrest diving coach. Welcome Aaron!

2. Who should join the Dive Team?

Anyone who has an interest in diving and can do at least five different dives is encouraged to join the dive team. To compete in All-City dual-meets, divers age 10 & under perform 5 different dives. Older divers perform six different dives. The dive coaches will be available to answer any further questions during the **All-Activity Sign-Up Day on Sunday, June 6th from 11:00 AM-1:00 PM**. Divers are encouraged to continue taking lessons to supplement their practices.

3. What are the 2010 fees for Dive Team and how do we register?

Fees are \$125 per athlete. Divers are eligible for swim team at no additional charge to register for the dive team, complete the blue 2010 Parkcrest Diver registration form and don't forget to sign the waiver. You may also register at the Parkcrest "Fit-Night" hosted by Simply Swimming, 6108 Mineral Point Road, on Wednesday, May 12th, 4:00 p.m. to 7:30 PM, or at the **All-Activity Sign-Up Day, Sunday, June 6th, 11:00 a.m.-1:00p.m.**

4. When does the dive team practice?

The diving team offers two practices each day. Coaches will help determine what practice time works best for your diver.

AM Practice: 8:15-10:15 AM

PM Practice: 5:00-6:00 PM

Dive Meets

1. How do the Dive Meets work?

Dive meets are usually held on Friday evening beginning at 5:00 PM. The coaches and the divers decide which dives will be performed at each meet. There is one required dive for each age group, which is performed in the first round of diving. Divers must participate in three meets in order to qualify for the All-City Dive Meet at the end of the season. The athletes dive with their age group, beginning with the 10 & under age group. Dive team coaches score the dives. Parent volunteers record the scores and prepare the awards. Dive meets usually finish by 7:30 p.m. or so.

2. When are the Dive Meets this summer?

The 2010 Parkcrest Diving meet schedule is shown below. Dive meets begin at 5 p.m. with warm-ups for the home team at 3 p.m. and warm-ups for the visiting team at 4 p.m.

DATE	OPPONENT	SITE
Fri., June 18	Seminole	HOME
Tue., June 22	Hawks Landing	@HawksLanding
Fri., June 25	Ridgewood	@Ridgewood
Wed., June 30	Westside	HOME

DATE	OPPONENT	SITE
Fri., July 9	Shorewood	@Shorewood
Fri., July 16	Monona	HOME
Fri., July 23	Middleton	@Middleton
July 26- 27	All-City Dive Meet	@ Parkcrest

Team Apparel

1. Is a team suit required?

No, a team suit is not required. However, team suits are available from **Simply Swimming** at an excellent discount to Parkcrest divers – please see the back of the apparel form for team suit pricing. Parkcrest divers will receive a team T-shirt with a paid registration by 5/31/10. Please indicate your child's size on the team registration form.

2. What other apparel is available?

Please see the apparel order form for other ways to show your Penguin Pride! Samples will be available at Simply Swimming on "Fit Night", Wednesday, May 12th, 2010, from 4 p.m. – 7:30 p.m.!

Social Activities

What social activities does the dive team participate in?

The dive team joins the swim team for several activities that have become Parkcrest traditions! These events are great opportunities for the athletes to meet each other and have fun. Please note that as indicated, event participation is determined by age group for diving. The tentative summer activities are as follows:

DATE	ACTIVITY	FOR WHO?	TIME	LOCATION
Friday, June 18	Team Breakfast	Everyone	8:30 AM	Parkcrest Hill
Tuesday, June 29	Mini Golf & MORE	10 & Unders	2:30 PM	Vitense Golfand
Tuesday, July 6	Picture Day	Everyone	8:00 AM	Parkcrest Pool Deck
Wednesday, July 14	Noah's Ark Trip	11 & Ups	7:45 AM-4:30 PM	Wisconsin Dells
TBA	Dive Team Picnic	All Divers	TBA	TBA
Sunday, July 25	15-18 Dunch	15-18's	3:00 PM	Parkcrest Upper Deck
Sunday, July 25	Tie Dying & Sign Making	Everyone	5:00 PM	Parkcrest Hill
Wed., July 28	Spaghetti Dinner	Everyone	5:30 PM	Garner Park

Notes will be sent home for those events that require parental permission and/or fees. Remember to check the swim and dive team board for social event information.

Volunteering

How do I volunteer?

Please volunteer to work at two or three home dive meets, per family, during the **All-Activity Sign-up Day**. Volunteering is fun and no experience is necessary. Families who do not volunteer will be charged a \$100 fee.

Other

1. What about the bulletin board?

CHECK THE BULLETIN BOARD REGULARLY! Team announcements, meet directions, and other information will be posted on the bulletin board. It is located on the tennis court fence next to the wading pool. The other source of information is on the Parkcrest website (www.parkcrestpool.com).

2. When is the Swim & Dive Team End-of-Season Picnic?

Our Swim & Dive Team Picnic will be held following the All-City Swim Meet at 6:30 p.m. on Saturday, July 31st.

3. If you still have a few more questions...

Please contact the dive team representatives, John and Laura Temprano at 833-4095.