



# Be a part of the 2nd Annual PENGUIN ADULT MEET

Saturday, July 12th

Warmups: 5:30 PM | Meet Start: 6:00 PM

Find your swim suit and some goggles and come to Parkcrest Pool to compete at the second annual Penguin Adult Meet on Saturday, July 12th.

## **SATURDAY, JULY 12TH**

Warmups: 5:30 - 6:00 PM

Meet Starts: 6:00 PM

## **ENTRY DEADLINE**

Submit your check and entry form by **Wednesday, July 9th.**

## **HOW DO I ENTER?**

Fill out the online entry form at [parkcrestpool.com](http://parkcrestpool.com) or submit the entry form on the back of this flyer to Parkcrest Pool.

## **WHAT ARE THE EVENTS?**

Events are listed on the back of this flyer.

## **HOW MUCH ARE ENTRY FEES?**

\$10 per swimmer + Can of food for the Food Pantry

Includes Entries, Brats and Beer

(Cash or Check made payable to: Parkcrest Swim Team)

## **LOCATION**

Parkcrest Swim & Tennis Club (1 North Yellowstone Drive)

Off of Mineral Point Road on Madison's Westside

## **WHO CAN SIGN UP?**

If you are 19 years of age or older you are eligible to compete.

## **WHAT ELSE DO I NEED TO KNOW?**

We will serve beer and brats after the meet so plan on sticking around to discuss all the fast swimming.

Master Swimming rules and age groups will be used.

(19-24, 25-29, 30-34, 35-39, and so on at 5-year increments)

Awards will be presented to the top 3 finishers in each age group.

## **ADDITIONAL QUESTIONS?**

Email Parkcrest Head Coach, Jason Verhelst, at [jasonverhelst@gmail.com](mailto:jasonverhelst@gmail.com)

**REGISTER ONLINE AT: [PARKCRESTPOOL.COM](http://PARKCRESTPOOL.COM)**



# 2nd Annual PENGUIN ADULT MEET

## EVENT LIST/ENTRY FORM

### EVENT LIST

- 200 Medley Relay\*
- 200 Free
- 50 Backstroke
- 100 Butterfly
- 50 Breaststroke
- 100 Kick Relay\*
- 50 Free
- 100 I.M.
- 100 Back
- 200 Free Relay\*
- 50 Fly
- 25 Freestyle
- 100 Breast
- 100 Free
- 100 Water Polo Relay\*

[\*Swimmers will sign up for relays during warm-ups]

## PENGUIN ADULT MEET ENTRY FORM (or register online at [parkcrestpool.com](http://parkcrestpool.com)...)

(Please fill out and return the form to Parkcrest Pool with a \$10 check made payable to: Parkcrest Swim Team)

LAST NAME	FIRST NAME	AGE	ALL-CITY POOL

DATE: \_\_\_\_\_

PHONE NUMBER: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

**EVENTS:** (you may sign up for 4 individual events)

	EVENTS	SEED TIME (in short course meters)
<b>EVENT #1</b>		
<b>EVENT #2</b>		
<b>EVENT #3</b>		
<b>EVENT #4</b>		

**RELAYS:** I am interested in swimming on a relay (circle one):    YES    NO